

### I am Me

If you've been in this world for any period of time, you'll know: There are a lot of different ways to be human! This coloring page was created in celebration of genetic diversity, aiming to raise awareness around rare disorders, such as ectodermal dysplasias. Learn more at: [www.nfed.org/learn/](http://www.nfed.org/learn/)

#### Overview

Fill-in-the-blank coloring page, with guiding questions and reflection questions  
Follow-up activity: Classroom agreements

#### Objective

Establish empathy between students to address "otherness" and inclusion.  
Collaborate with students to create a safe classroom environment for everyone.  
Catalyze ongoing reflection and exploration of personal identity.

#### Warmup (5 MIN)

##### In Partners:

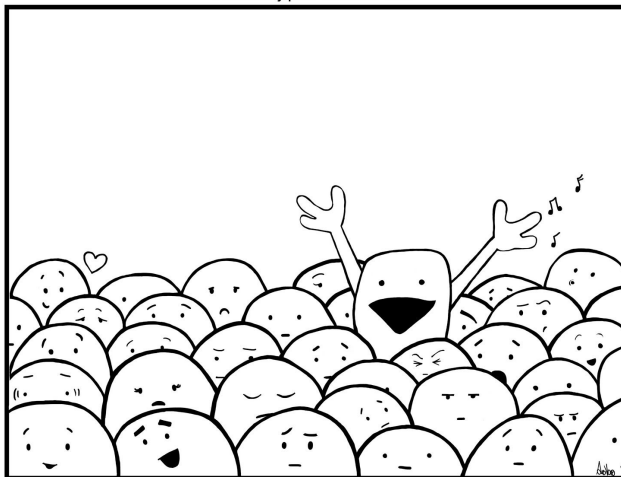
- Find 3 things that are different about you, and 3 things that are the same about you.
- Ask for volunteers to share one thing from each list with the group.
- Reflection questions:
  - Did anything surprise you?
  - What were you curious about?

#### Activity

##### *I am Me!*

On the space above the crowd, students write or draw something that makes them unique. Encourage them to leave that for last, starting first by coloring in the page and brainstorming.

Ectodermal Dysplasias Awareness Month



##### **Guiding Questions:**

- Are you "normal?" Why or why not?
- What makes you stand out from a crowd?
- What qualities were you naturally born with?
- What is your unique message to the world?
- What do you love about yourself?

***I am Me! (Continued...)*****Reflection Questions:**

What is awesome about being different?

What is challenging about being different?

What is awesome about having lots of different kinds of humans living and learning together?

What challenges do we still need to figure out before we can all live together happily?

Have you ever felt like people treated you differently because of the way you look?

When is it okay, or safe to be different? Why?

**Wrap Up**

Put all of the finished pages up on the walls, left up throughout February.

Beside them, or posted somewhere else that is easily referenced, post new classroom agreements.

**Follow Up****Agreements (15 min)**

In teams, or as a class, brainstorm things everyone can agree to do, to make the classroom a safe and supportive place to be for all people.

**Guiding questions:**

- How can we show respect to one another?
- What can we do if we see bullying?
- How can we include everyone in activities and discussions?
- What does everyone have the right to?
- What can we learn from our differences and disagreements?

Write up all ideas on the board, and discuss as a class which ones should make the final list.

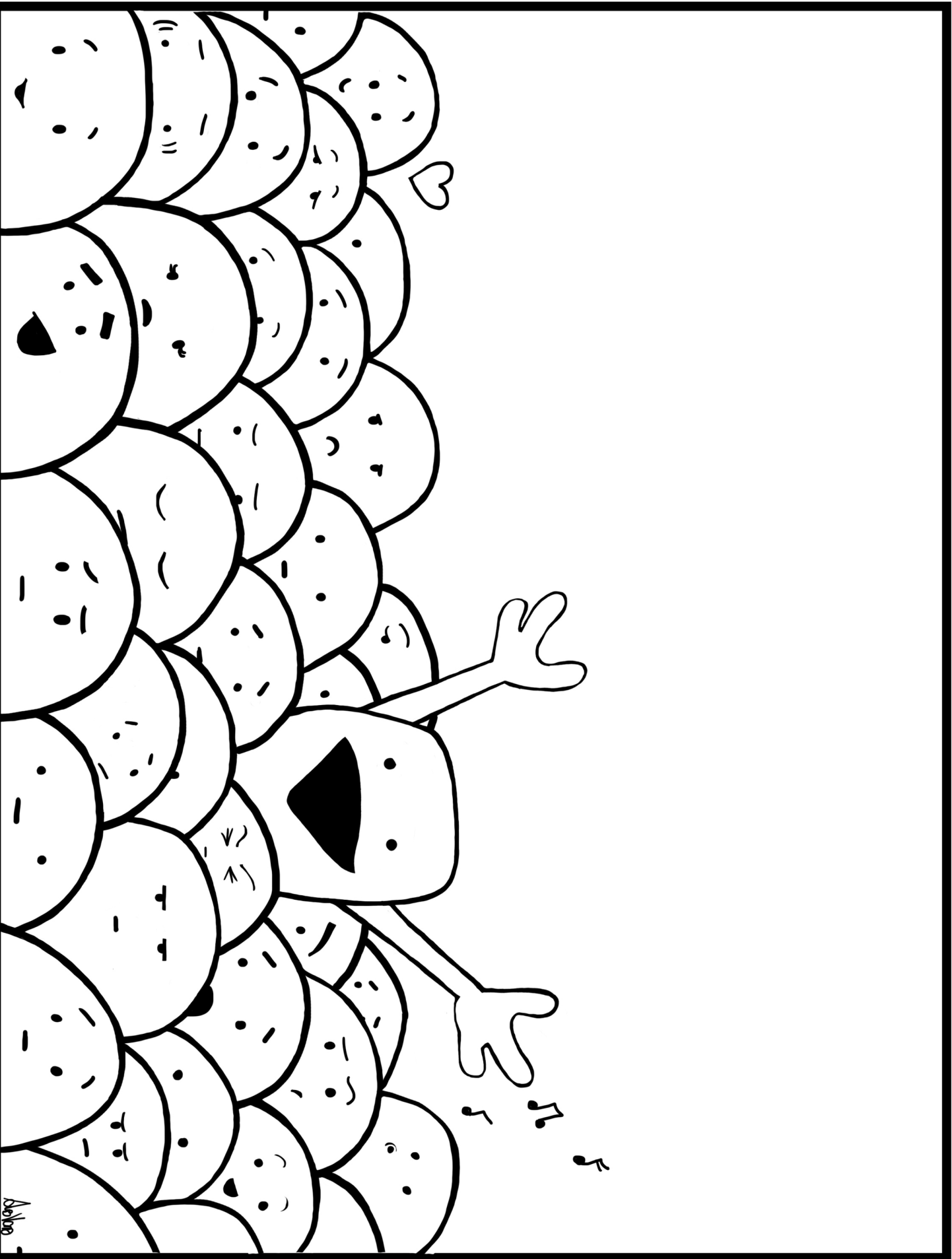
Aim for 5-10 agreements that can be posted somewhere in the classroom for the rest of the month.

If the kids don't think of it, consider adding an additional agreement: to be constructive, not destructive, when we witness someone break an agreement. We're all learning as we go!

At the end of the month, ask students to reflect on the agreements, and revise them if needed. If the class is on board, try adopting the updated agreements for the remainder of the year.

How do these agreements impact your class? I'd love to hear!

Email [iwonder@whimsadoodles.com](mailto:iwonder@whimsadoodles.com)



Ashton