What is a Saddle Nose?

The term “saddle nose” identifies a type of nasal deformity in which the roof of the nose is depressed.

Though often associated with individuals affected by ectodermal dysplasia, a saddle nose is by no means specific for this group of individuals and can be seen in other congenital conditions. It can also result from trauma, infection of the nasal septum or extensive surgical procedures.

Surgical correction of this condition is quite intricate and requires the implantation of a bone graft of proper shape and dimension to restore the profile line. Only a properly trained ear, nose and throat surgeon (otolaryngologist) or plastic surgeon should attempt this type of reconstructive surgery.

- Charles M. Myer, III, M.D.